

Case Study

Hushnera Begum

Family Groups

“

Volunteering at Family Groups and attending courses gave me the confident and experience I needed to go for the job I have now. I met different people from different minority groups and learnt how the charity has helped many ladies from the community improve their level of qualification.

”

Hushnera Begum
Health Champion, Horizon Health

Project: Skills for Jobs

Business Sector: Childcare/Community Work

Location: Bedford

Job Outcome: Health Champion, Horizon Health



After graduating from University and struggling to find employment, Hushnera came to work as a volunteer for Family Groups.

Whilst working at Family Groups Hushnera completed a training course with the Skills for Jobs project which is funded by the European Social Fund and managed by TCHC.

During this period she attend an open day held by the local NHS, who was at the time looking to appoint seven Health Champions in the area. Hushnera applied for one of the positions and was successful in her interview. She started her new career in March 2010.

Hushnera came to Family Groups to gain work experience and confidence with the aim of finding sustainable employment. She was very shy and found it hard to apply for positions and attend job interviews.

She says: “I had recently graduated and was looking for a job. It was very difficult to find the right job. I decided to start doing voluntary work to gain confidence and experience”

As well as attending training courses, she gained work experience and developed her administration, communication, and team building skills. She helped other learners complete their paperwork and update their CVs.

Hushnera is now working as a local Health Champion for Horizon Health in Bedford and is enjoying her new role.

This activity was made possible by TCHC who worked in partnership with Family Groups.

Co-financed by

**Skills
Funding
Agency**



**European Union
European Social Fund**
Investing in jobs and skills

Skills for Jobs is a programme supported by the European Social Fund and the Skills Funding Agency.